PARENT STUDENT ACTIVITIES PARTICIPATION HANDBOOK

NORTH SCOTT HIGH SCHOOL

2002-2003

Extra-Curricular Activities

Athletics
Cheerleading
Choir
Close-Up
Dance Team
Debate
FFA
Future Problem Solvers
History Day
Instrumental Music
Lancer Productions
SADD/DFYIT
Speech Contest
Student Congress
Tag Activities and Mock Trial
Trainers
Young Woman's Leadership Forum

Clubs

Art Club
Chess Club
Key Club
Morning Star

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To Parents and Students:

North Scott High School is a member of the MAC (Mississippi Athletic Conference). This conference consists of Assumption, Bettendorf, Burlington, Clinton, Davenport Central, Davenport North, Davenport West, Muscatine, North Scott, and Pleasant Valley.

Supervisors, parents, and students are representatives of North Scott Community Schools when they participate in extra-curricular activities. There is no better way to reflect the positive aspects of our school than to demonstrate its qualities through extra-curricular participation and competition.

We hope that you will enjoy your involvement in North Scott extra-curricular activities. Your commitment will help our program grow.

Dennis Johnson
Activities Director

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STATEMENT OF PHILOSOPHY

The North Scott Community School Board of Education, the North Scott High School Administration, the North Scott High School Activities Department, believe the activities are an important part of the overall educational program of the school.

To be of maximum effectiveness, North Scott activities must be closely coordinated with the general instructional program of the school. Activities must be such that the number of students accommodated and the educational aims achieved, justify its inclusion in the overall educational program. Activities must also be based on a spirit of non-professionalism because participation is regarded as a privileged opportunity.

North Scott activities are for all students who qualify under eligibility requirements, and who adhere to the rules set forth by the state and local officials. We believe that participation will contribute to the following:

A. Improvement of the health, fitness, and general welfare of all individuals taking part in the activities.
B. Engage a maximum number of students in administrative as well as active areas of the activities.
C. Stimulate all participants to achieve creditable academic progress, and to make a contribution to the general educational program of the school.

OBJECTIVES OF THE ACTIVITIES PROGRAM

A. To provide the opportunity to enjoy one of America's greatest traditions, the privilege of competition and participation.
B. To provide a "whole school" interest in activities.
C. To teach students habits of health, sanitation, and safety.
D. To teach new skills and offer opportunities to improve those already possessed.
E. To provide opportunities for lasting friendships to develop with both teammates and opponents.
F. To provide opportunities to exemplify and observe good sportsmanship and team work.

G. To give students an early understanding that participation in activities is leadership training which is a privilege that also carries responsibilities with it.
H. To provide an opportunity for students to place group above self; to learn to practice self discipline for the overall benefit of the team or group of which they are a member.
I. To provide opportunities to learn of the benefits of following rules.
J. To provide the student the opportunity to experience the satisfaction of self-sacrifice in an attempt to contribute to the development of esprit de corps, development of a feeling of unity and belonging, team pride, teamwork, and the respect for rules and authority.
K. To consider interscholastic activities as extended opportunities.

THE ACTIVITIES CODE

Good participants in extra-curricular activities are developed through HARD WORK, GOOD ATTITUDES, GOOD TRAINING, and lots of HEART AND DESIRE! Future success will also depend a great deal on good practice and training. As an activities participant at North Scott High School, you will be expected to make many sacrifices.

The North Scott High School Activities Department does not wish to make "robots" out of individuals. It expects you to maintain a personal identity and dignity. It is not interested in having student participants become so involved in activities that there can be nothing else in life.

The Activities Department is interested in giving young men and women the opportunity to select activities in which they can dedicate themselves to a "cause", along with participation in other phases of a well-balanced life-style. Our goal is for a student to accept the responsibilities and demands of activities and yet maintain a successful total educational experience, along with a satisfactory social family life-style.

According to the supervisory discretion, there are accepted standards of personal appearance and behavior patterns that must

be met in order to successfully fulfill the requirements and meet the standards of a student participant.

Please read the following very carefully. If you feel the rules are too demanding; if you feel you will not be able to say no when pressured by friends to break the rules; if you feel the price is too great; if you feel your personal rights are too sacred to conform to the demands; please do not participate in extra-curricular activities.

NOTE: A North Scott High School student participant is regarded as a student participant for the entire year and not simply during the extra-curricular season or during the school year. Once you have elected to represent North Scott High School publicly through extra-curricular activities, you are identified and/or recognized as such, and you will be expected to abide by the rules and regulations at all times until you finish school - throughout the school year and summer. You are our goodwill ambassadors!

REAL CHAMPIONS PRACTICE GOOD SPORTSMANSHIP AND CITIZENSHIP

You, as spectators, are permitted to attend extra-curricular activities only as guests of the school district. Spectators, like the student participants, are expected to display mature behavior and sportsmanship. The failure of spectators to do so is not only disruptive, but is embarrassing to the students, the school district and the entire community.

If a spectator at an extra-curricular activity becomes physically or verbally abusive, uses vulgar or obscene language, or in any way impedes the performance of an activity, the school administration may recommend the exclusion of the spectator for the present and/or future activities.

Any student/spectator who is representing North Scott at any of our extracurricular activities is responsible to conduct his/her actions in such a manner as to represent high ideals and principles of North Scott High School. Students are expected to refrain from taunting, using inappropriate cheers, language and other negative and disruptive actions.

Attendance at extra-curricular events is considered a privilege. If you choose not to follow these guidelines you will be asked to leave the premises and will not be allowed to attend future North Scott activities

EXTRA-CURRICULAR ACTIVITY RULES

A. Attendance in School
   1. Student participants will be allowed to practice or participate in contests on any given day only if they are in school for one-half of the school day.
   2. Student participants are expected to be in school the day following an activity. To just "sleep in" will be an unexcused absence.
   3. Unexcused single period absences during a given day may cause a student participant to be withheld from practice or a competition on that day.
   4. Student participants administratively suspended out of school will not be allowed to practice during the suspension or compete in events.

B. Conduct on Trips
   1. Student participants will be considered as "goodwill ambassadors" for North Scott High School.
   2. Student participants' behavior on out of school trips is governed by the North Scott Student Handbooks and the North Scott Activities Parent-Student Handbook. School rules apply at all times.

C. Bus Rules
   1. Student participants will be expected to behave as ladies and gentlemen at all times.
   2. School buses, vans, and cars must be free of trash, litter, etc., at all times.
   3. Any damage to buses caused by student participants will be paid for by the student participant. Said student participant, by this kind of behavior, will be risking dismissal from the team or activity.

D. Student Participants Driving to Practices or Contests in Local Areas
   1. Whenever possible and practical, it is our policy to

furnish school transportation to practices and competitions. However, occasionally it is necessary for us to have students report to the site rather than furnish school transportation. In special cases where students need to drive the following must be completed in advance:
   a. Parents must contact the Activities Director to:
      1. Submit signed release form (picked up in Activities Office)
      2. Make contact with A.D. via telephone or in person
   b. Go in "Convoy" with the supervisor
   c. Observe all traffic regulations
   d. Practice safety
   e. Do not overload vehicle
   f. Take the shortest safest route to and from site
   g. Have a driver's license on person or in car

E. Positive communication between supervisors, student participants, and parents/guardians plays a key role in the success of our programs. Supervisors and student participants must assume a major responsibility in keeping the lines of communication open between themselves. Parents must encourage their sons and daughters to ask questions of their supervisors concerning any area that involves their placement on the extra-curricular team or group and their skill evaluation.

   Individual meetings with student participants may be scheduled periodically throughout the year. Supervisors must encourage their student participants to have one on one communication with them.

   Parents must communicate with their children regarding their participation. Supervisors and parents may meet if problems or unanswered questions persist.

SPECIFIC RULES

A. Alcoholic Beverages, Marijuana, Smoking, Chew, and Controlled Substances:
   Student participants shall not possess or use alcoholic beverages, marijuana, or controlled substances.

Student participants shall not possess, smoke, or chew tobacco.

1. First Offense - Alcohol/Drugs
   a. A student participant, after confirmation of the violation and confiding in a supervisor or administrator, shall make an appointment with a recognized chemical abuse or related agency for evaluation (this does not apply to tobacco use or possession of tobacco). The student participant must follow recommendations of the agency. The student participant may continue participation after suspension of 11% of the extra-curricular season.
   b. The student participant who does not choose the above will be ineligible for 22% of the season at the level of competition the student is a participant. All suspensions will begin the next playing date after confirmation of the violation.

2. First Offense - Tobacco
   A student participant, after confirmation of the violation will complete a presentation and research paper on the health hazards of tobacco. After approval of the Activities Director, the presentation will be given to an elementary class. The student participant may choose to take an 11% suspension instead of the research and presentation requirement.

3. Second Offense - Alcohol/Drugs
   Be ineligible for 44% of the season in which the student participant normally is a participant. The student participant will not represent the school in interscholastic competition, but must attend all scheduled practice sessions. The student participant will also make an appointment with a recognized chemical abuse or related agency for an assessment evaluation and follow their recommendations. He/She may or may not have done this on the first offense.

4. Second Offense - Tobacco
   Suspension will be 22% of the extra-curricular season.

5. Third Offense - Alcohol and Tobacco
   Suspension for one year from all extra-curricular activities.

6. Suspensions will carry into post season and, if necessary, the next extra-curricular season.

B. Unauthorized Possession of School-Owned Equipment
   No North Scott High School student participant shall have in his/her possession any school-owned equipment from this school or any other school, activities department or otherwise, other than that which is to be worn to practices or contests and events. At no time is school equipment to be worn in public except for practice and contests and events. Indefinite suspension will result, until equipment is returned in reasonable condition; or reimbursement for replacement if equipment is in unsatisfactory condition.

C. Use of Abusive Language, Harassment and/or Personal Confrontation (fighting)
   Any offense - supervisors' discretion.

D. Personal Appearance
   Supervisors' discretion to establish reasonable guidelines at the beginning of each extra-curricular season to:
   1. Protect the health and safety of the student participant.
   2. Encourage good grooming.
   3. Protect the student participant from human indignities.

E. Involvement with Law Enforcement Agencies
   Based on conviction and excluding minor traffic violations:

   Misdemeanors - up to six months maximum suspension on joint decision of supervisor and administration.

   Felonies - up to permanent suspension - decision of administration.

F. Academic Eligibility
To be eligible to compete in extra-curricular activities, a student must be passing in four (4) full credit subjects. At North Scott High School this means at the end of each semester, if not passing in four (4) full credit subjects at the reporting period, you may not compete in extra-curricular activities until such time as you are passing four (4) full credit subjects.

G. Supervisors' Rules
Supervisors may make other reasonable rules for the good of the individual student participant and the team insofar as they are not in conflict with school policy. They may, for example, make rules regarding the student participant's conduct in school prohibiting them from interscholastic competition, public presentation, or events for a period of time if they have been involved in disciplinary matters in school.

I. Due Process
A student or parent/guardian contesting the ineligibility of a student based on these rules, shall be required to state the basis of his/her objections in writing, and also the request for an oral hearing, addressed to the Executive Office of the National or State Organization. The executive officer shall then schedule a meeting of the Executive Board within twenty days of receipt of such objections, giving at least five days written notice of said hearing unless a shorter time is mutually agreeable. The Executive Board shall consider the evidence presented including statements by the appellant's legal counsel and make written findings of its decision within five days of the hearing, mailing a copy forthwith to said appellant.

GOOD CONDUCT RULE FOR TRANSFER STUDENTS

Any student declared ineligible under the prior school district's good conduct rule, and then without having completed the full period ineligibility at that school transfers to North Scott High School, will not be eligible for interscholastic competition at North Scott High School, until the full period of ineligibility has been completed. Once that time period of ineligibility has been

completed, the student is then eligible for interscholastic competition at North Scott High School as far as any Good Conduct Rule is concerned.

EXTRA-CURRICULAR ATHLETIC RULES

ATHLETIC PHYSICAL EXAMINATIONS

A. The State Athletic Association rules require all athletes to have a physical exam before starting athletic practices each year.

1. This exam may be any time prior to your sport season and good for a period of twelve calendar months. Should you want this exam to be done by your family physician, please secure the examination blank from the activities office and have your physician use this form.

INSURANCE

A. The North Scott High School policy requires all athletes to be covered by insurance (health and accident).

1. This can be done in two ways:

   a. By having family insurance at home. If this is the case, you are required to have an insurance card, available in the athletic department, filled out by parents and returned to the activities office.
   b. Subscribe to insurance through the school.
      1. Football players can get insurance policies through the athletic office. This covers only football injuries.
      2. All other sports are covered by the all-student insurance which is offered through the school year at a nominal rate.

B. Record Form for Emergency - all athletes are required to fill out the emergency information form. It must be returned to the activities' secretary or the school nurse.

INJURY REPORTS

A. Athletes injured in sports should make sure the athletic trainer has filled out an injury report. Athletes, too, have the responsibility of follow-up; to initiate the insurance claim if injury resulted in ambulance service, doctor's care, or hospital expenses. Remember, insurance companies have no way of knowing about injury unless you inform them through a claim sheet.

B. All claim sheets should be picked up at the nurse's office.

PROCEDURE WHEN LEAVING A SQUAD (Please read carefully)

A. When dropping or being dropped from a squad, athletes will:
   1. Notify the head coach when dropping.
   2. Turn in all school gear or be billed. This includes towel, towel pin, uniform, and practice equipment.

LOCKER ROOM PROCEDURES

A. Lockers and padlocks will be issued to athletes and recorded.
   1. Keep locker locked at all times except while actually at your locker - even while taking a shower.
   2. Keep your combination to yourself.
   3. If padlock is lost, stolen or won't work, notify your coach right away and get a new one issued. The fine for losing a padlock is the cost of replacing the lock. Padlock fines are paid in the high school office.
   4. Athletes must move from athletic lockers after completing their respective sports' seasons.
   5. Weight training participants must use P.E. lockers.

B. Towels
   1. Each athlete must provide their own towel.

C. Athletic Equipment
   1. In most sports, practice an/or game equipment will be issued to athletes. Athletes will be responsible for said equipment.
   2. All equipment will be returned when athlete finishes the sport, either at the end of the season or on quitting the sport. This is to be done immediately.
   3. Any equipment will be paid for by the athlete if it is lost or destroyed through their negligence. Cost of equipment will be determined by the athletic director and will be based on replacement cost of equipment.
   4. School owned equipment is to be worn only at a scheduled practice or on game/meet day.
   5. Athletes found wearing school-owned equipment in public, other than practices or on game/meet day, will subject themselves to disciplinary action. (Please refer to Specific Rules, item B, pages 13-14.)
   6. The athletic trainer is responsible for all laundry pins.

D. Equipment Rooms
   1. All athletic equipment will be stored in and issued from the equipment room. At no time is there to be unauthorized personnel in these rooms.
      a. Authorized personnel are defined as school employees, (adult or student); certain specified student managers, and members of the adult athletic staff, when necessary.

E. Locker Room Behavior
   1. When reporting to and leaving the locker rooms, go through only the doors designated by your coach.

F. Training Room (First Aid)
   1. The purpose of this room is to care for and prevent athletic injuries. Athletes will enter this room only if they need to.
      a. All school first-aid materials are to remain in the training room or in the first-aid kits under the direction of the trainer or student trainers at practices or games/meets.
      b. At no time should there be any first-aid materials in student lockers. This includes adhesive tape.

G. Weight Room
   1. Weight training is a requirement of the North Scott athletic program. This is a protection program geared to decrease the athlete's risk of injury and to enhance strength and speed.
   2. In-season sports have priority in the weight room immediately following school.
   3. All athletes using the weight room must have a current physical.
   4. All athletes using the weight room must use the program approved by the North Scott Athletic Department.

GYMNASIUM PROCEDURES

A. Athletes must be under the direct supervision of a coach if they are in a gymnasium area.

B. At no time will individuals or groups be working out, jogging, or just "messing around" while teams or squads are having an official practice session.

C. Athletes in the gymnasium for one sport practice will refrain from using equipment not specifically for their sport.

D. All athletic areas are "off limits" to non-participants at all times.

GENERAL RULES

A. Changing Sports
   1. Athletes will be allowed to transfer from one sport to another during a given season only upon mutual agreement of both coaches and with the approval of the athletic director. Due to the overlap of baseball and softball with the spring sports, this rule will apply.
      a. Should you quit a sport during the season, you will not be allowed to join another sport squad unless mutually agreed upon by the coaches involved. Due to the overlap of baseball and softball with the spring sports, this rule will apply.

B. Attendance in School
   1. Students will be allowed to practice or participate in contests on any given day only if they are in school for one-half of the school day.
   2. Athletes are expected to be in school the day following an activity. To just "sleep in" will be an unexcused absence.
   3. Unexcused single period absences during a given day may cause an athlete to be withheld from practice or a contest on that day.
   4. Athletes administratively suspended out of school will not be allowed to practice during the suspension or compete in contests.

C. Reporting to Practice
   1. Athletes will report to the locker room not more than twenty minutes before practice is scheduled to begin. No one is to be in the locker room during the last period of each day unless under the direct supervision of the coach or trainer.
   2. On days of contests, report no earlier than the time set by the coach.

D. Conduct on Trips
   1. Athletes will be considered as "goodwill ambassadors" for North Scott High School.
   2. Athletes will conduct themselves as ladies and gentlemen at all times, both on and off the playing field.
   3. Students behavior on out of school trips is governed by the North Scott Student Handbooks and the North Scott Athletic Parent-Student Handbook. School rules apply at all times.

E. Dress on Trips
   1. Athletes will be neatly dressed on all athletic trips.

F. Bus Rules
   1. Athletes will be expected to behave as ladies and gentlemen at all times.
   2. School buses, vans, and cars must be free of trash, litter, etc., at all times.
   3. Any damage to buses caused by athletes will be paid

for by the athlete. Said athlete, by this kind of behavior, will be risking dismissal from the squad.

G. Returning from Out-of-Town Contests
1. Athletes will return from all out-of-town contests with their squads and by school transportation.

EXCEPTIONS: Can be made by parents personally contacting the coach or athletic director in advance to explain the reason for the request, AND, by then sending a written note to the athletic director and coach requesting the exception.
   a. Please do not make requests to simply ride home with parents or friends rather than on the bus or van.

H. Athletes Driving to Practices or Contests in Local Areas
1. Whenever possible and practical, it is our policy to furnish school transportation to practices and contests. However, occasionally it is necessary for us to have athletes report to the site rather than furnish school transportation. In cases where athletes are asked to drive, we expect and encourage them to observe the following:
   a. Go in "convoy" with coach.
   b. Observe all traffic regulations.
   c. Practice safety.
   d. Do not overload vehicle.
   e. Take the shortest safe route to and from site.
   f. Have driver's license on person or in car.

I. Open Gym
1. The open gym must be open to all students in the district. Most often this is done through school announcements and notification in the local media.
2. There can be no coaching - faculty or coaches are not to be playing with the athletes. There is not to be any resemblance of drills, etc. It is strictly a fun time for the student body.
3. Obviously, someone has to supervise the open gym. It is legal to have your coach supervise, however, absolutely no coaching or instruction.
4. Open gyms are truly for fun.

5. It is imperative that the school administration oversee the open gym program to be certain coaches are supervising and not coaching or instructing.
6. Liability relative to the open gym activity is the direct responsibility of the local school district.

J. Positive communication between coaches, players, and parents plays a key role in the success of our athletic programs. Coaches and players must assume a major responsibility in keeping the lines of communication open between themselves. Parents must encourage their sons and daughters to ask questions of their coaches concerning any area that involves their placement on the teams and their skill evaluation.

Individual meetings with athletes must be scheduled periodically throughout the season. Coaches must encourage their players to have one on one communication with them.

Parents must communicate with their children regarding their participation on the team. At the end of the season coaches and parents could meet if problems or unanswered questions persist. Parental concerns will be addressed at the end of the season.

These specific points must be emphasized.
1. Good player-coach communication is a top priority on every athletic team.
2. Coaches must communicate one on one with their players on a periodic basis throughout the season.
3. Players must assume some responsibility in communicating with the coaches.
4. Parents must encourage their children to talk to the coach if there are questions about their student's skills or playing time.
5. Parent contacts with the coach regarding their student's abilities, or amount of playing time, will take place before or after the season unless the coach initiates such contact.
6. Every sport will have a meeting at the beginning of the season with parents to explain lines of communication.

ATHLETIC ELIGIBILITY POLICY

It shall be the policy of the North Scott Community School District that any student who participates in a school sponsored sport may participate in the same non-school sponsored sport during the same season with prior approval and signed permission slip of the **Head** Coach and Athletic Director or Principal. Such outside participation shall not conflict with the school sponsored sport. Students in violation of this policy will be ineligible to participate in the school sponsored sport for the remainder of that season.

SPECIFIC RULES

A. Alcoholic Beverages, Marijuana, Smoking, Chew, and Controlled Substances:

Athletes shall not possess or use alcoholic beverages, marijuana, or controlled substances.

Athletes shall not possess, smoke, or chew tobacco.

Athletes must go to the sporting event they are suspended from, but cannot be in uniform. They must sit on the sidelines.

Penalties: In order for a suspension to be valid, the athlete must be a member of the team for the entire season in which the suspension is served.

1. First Offense - Alcohol/Drugs
   a. An athlete, after confirmation of the violation and confiding in a coach or administrator, shall make an appointment with a recognized chemical abuse or related agency for evaluation (this does not apply to tobacco use or possession of tobacco). The athlete must follow recommendations of the agency. The athlete may continue participation after suspension of 11% of the sport season.
   b. The athlete who does not choose the above will be ineligible for 22% of the season at the level of competition the athlete is a participant. All suspensions will begin the next playing date after confirmation of the violation.

2. First Offense - Tobacco
   An athlete after confirmation of the violation will complete a presentation and research paper on the health hazards of tobacco. After approval of the Athletic Director, the presentation will be given to an elementary class. The athlete may choose to take an 11% suspension instead of the research and presentation requirement.

3. Second Offense - Alcohol/Drugs
   Be ineligible for 44% of the season in which the athlete normally is a participant. The athlete will not represent the school in interscholastic competition, but must attend all scheduled practice sessions. The athlete will also make an appointment with a recognized chemical abuse or related agency for an assessment evaluation and follow their recommendations. He/She may or may not have done this on the first offense.

4. Second Offense - Tobacco
   Suspension will be 22% of the sport season.

5. Third Offense - Alcohol and Tobacco
   Suspension for one year from all athletic activities.

6. Suspensions will carry into post season and, if necessary, the next sport season.

B. Unauthorized Possession of School-Owned Equipment (athletic or otherwise)

No North Scott High School athlete shall have in his possession any school-owned equipment from this school or any other school, athletic department or otherwise, other than that which is to be worn to practices or games/meets. At no time is school equipment to be worn in public except for practice and games/meets. Indefinite suspension until returned in reasonable condition; or reimbursement for replacement if equipment is in unsatisfactory condition.

C. Use of Abusive Language and/or Personal Confrontation (fighting)

Any offense - coaches' discretion.

Any student disqualified from an interscholastic contest will be ineligible for the next regularly scheduled game/meet at the level of competition and all other games/meets in the interim at any level.

The second violation carries a four (4) game/meet automatic ineligibility.

D. Personal Appearance

Coach's discretion to establish reasonable guidelines at the beginning of each sport's season to:

1. Protect the health and safety of the athlete.
2. Encourage good grooming.
3. Protect the athlete from human indignities.

E. Involvement with Law Enforcement Agencies

Based on conviction and excluding minor traffic violations:

Misdemeanors - up to six months maximum suspension on joint decision of coach and administration.

Felonies - up to permanent suspension - decision of administration.

F. Academic Eligibility

To be eligible to compete in co-curricular activities, a student must be passing in four (4) full credit subjects. A full credit subject receives one-half credit per semester. At North Scott High School this means at the end of each semester, if not passing in four (4) full credit subjects at the reporting period, you may not compete in games/meets until such time as you are passing four (4) full credit subjects.

G. Coaches' Rules

Coaches may make other reasonable rules for the good of the individual athlete and the team insofar as they are not in conflict with school policy. They may, for example, make

rules regarding the athlete's conduct in school prohibiting them from interscholastic competition for a period of time if they have been involved in disciplinary matters in school.

H. All other Eligibility Requirements (as set forth by the IHSAA, IGHSAU, and North Scott High School), including the following.

You are not eligible:

1. If you do not have a physician's certificate of fitness issued this school year or if you are twenty years of age or over.

2. If you have not turned in the signed permission of your parents/guardian covering the following items:
   a. Insurance or waiver.
   b. Acknowledgment of having read the handbook.

3. If you have attended high school for more than eight (8) semesters. (Twenty days of attendance or playing in one contest equals one semester of participation).

4. If you were out of school last semester or if you entered school this semester later than the second week of school. (Executive IHSAA may be consulted)

5. If you have changed schools this semester (except upon like change of residence of your parents).

6. If you have ever accepted an award for your high school participation from an outside group other than an inexpensive, unframed, unmounted paper certificate of recognition, or if you have ever received any money for expenses or otherwise for your participation in an athletic contest.

7. If you have competed on an outside school team as a team member or as an individual while out for a sport and during that sport season, without the previous written consent of an administrator.

EXAMPLE: While you were out for wrestling and during wrestling season you want to participate on an outside

school wrestling team or tournament, you would need permission from the in-school coach, the principal and the athletic director, otherwise you would be declared ineligible. Once wrestling season is over, you can participate without written permission.

9. If you have ever trained with a college squad or have participated in a college event.

10. If your habits and conduct, both in and out of school, are such as to make you unworthy to represent the ideals, principles, and standards of your school.

11. If you fail to sign and return the acknowledgment form in this handbook.

12. Local school rules may be more restrictive than those of the IHSAA.
    a. The school principal may declare a student ineligible if he or she feels that the student is not taking care of his responsibilities, both as a citizen and student of the school and community.

I. Due Process
A student or parent contesting the ineligibility of a student based on these rules, shall be required to state the basis of his/her objections in writing, and also the request for an oral hearing, addressed to the Executive Office of the IGHSAU or IHSAA. The executive officer shall then schedule a meeting of the Executive Board within twenty days of receipt of such objections, giving at least five days written notice of said hearing unless a shorter time is mutually agreeable. The Executive Board shall consider the evidence presented including statements by the appellant's legal counsel and make written findings of its decision within five days of the hearing, mailing a copy forthwith to said appellant.

J. Appeals
If the claimant is still dissatisfied, an appeal may be made in writing to the State Board of Public Instruction by giving written notice of the appeal to the Executive Officer of the IHSAA or IGHSAU, with a copy by registered mail to the

State Superintendent of Public Instruction. Such appeal shall be taken within ten (10) days after the date of mailing of the decision of the governing organization. The State Superintendent of the Department of Education shall establish a date for a hearing within twenty (20) days of receipt of said written notice of appeal by giving five (5) days written notice to appellant unless a shorter time is mutually agreeable. The procedure for a hearing followed by the State Board of Public Instruction shall be applicable.

K. Athletic Awards
Athletic awards, numbers, JV letters, major letters, and hardware are considered school property until such time as the athlete either drops from school, transfers, or graduates.

Should an athlete be suspended from a sport for disciplinary reasons, the administration has the option to ask the athlete to turn in the awards until such time as they have reinstated themselves in good standing.

Should this action be necessary, the athlete will have until the end of the next sports season to reinstate themselves, at which time the awards will be returned.

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Athletic Director

EDUCATIONAL PROGRAM

SERIES 600

Policy Title Multicultural and Gender Fair Education

Code No. 603.4

Enrolled students in the school district community shall have an equal opportunity for a quality public education without discrimination, regardless of their race, creed, sex, marital status, national origin, ethnicity, ability or disability.

The educational program shall be free of such discrimination and provide equal opportunity for the participants. The educational program shall foster knowledge of and respect and appreciation for, the historical and contemporary contributions of diverse cultural groups, including race, color, national origin, gender, disability, religion, creed, and socioeconomic background. The contributions and perspectives of Asian Americans, African Americans, Hispanic Americans, American Indians, European Americans, and persons with disabilities shall be included in the program. The educational program shall also foster knowledge of, and respect and appreciation for, the historical and contemporary contributions of women and men to society. The program shall also reflect the wide variety of roles open to both men and women and provide equal opportunity to both sexes.

Inquiries regarding compliance with equal educational opportunity shall be directed to the compliance officer by writing to the Superintendent, Title IX, Title VI and Section 504 Compliance Officer, North Scott Community School District, 251 E. Iowa St., Eldridge, IA 52748; or by telephoning (319)285-4819; or by writing to the Director of Region VII Office of Civil Rights, Department of Education, Kansas City, Missouri. Further information and copies of the procedures for filing a grievance are available in the central administration office and the administrative office in each attendance center.

Legal Reference:
29 U. S. C. 624-634, 794 (1988).
34 C.F.R. pt. 104 (1995).
42 U. S. C. 2000e-11
Iowa Code 279.8, 280.3-.14, 601A.9 (1989)
281 Iowa Admin. Code 11.5
281 Iowa Admin. Code 12.5(8)

Cross Reference:
104 Equal Education Opportunity
500 Objectives for Equal Educational Opportunities for Students
505 Student Scholastic Achievement

Approved January 28, 1991 Reviewed March 10, 1997
Revised April 24, 2000
NORTH SCOTT COMMUNITY SCHOOL BOARD OF DIRECTORS

NCAA ACADEMIC ELIGIBILITY

NCAA Bylaw 14.3.1.1 Division I. A qualifier in Division I is defined as one who is a high school graduate and who presented the following academic qualifications:

1. Graduate from high school.

2. Successfully complete a core curriculum of at least 13 academic courses. A core course is defined as "a recognized academic course designed to prepare a student for college level work." Courses that are taught at a level below the high school's regular academic instruction level shall not be considered core courses, regardless of course content. This core curriculum includes the following:

   English - (4 years required) - core courses shall include instruction in the following areas: grammar, vocabulary development, composition, literature, analytical reading or oral communication.

   Mathematics - (2 years required) - core courses shall include one year of algebra and one year of geometry (or one year of a higher-level mathematics course for which geometry is a prerequisite).

   Additional Courses in English, Mathematics, or Natural or Physical Science - (1 year required)

   Social Science - (2 years required) - core courses in social science shall include history, social studies, economics, geography, psychology, sociology, government, political science or anthropology.

   Natural or Physical Science - (2 years required) - core courses shall include biology, chemistry, physics, environmental science, physical science or earth science. One full year must be a lab science course offering, but only if a lab course is offered by the high school.

   Additional Academic Courses - (2 years required) - must be from academic courses in the four areas above, or from

foreign language, computer science, philosophy or non-doctrinal (e.g., comparative) religion.

The record of the above courses and course grades must be certified on the high school transcript or by official correspondence, and

The SAT or the ACT used to establish eligibility must be taken under normal testing conditions on a national test date. The test may be taken on any number of occasions, utilizing the best score (for each section). Each of the best scores then may be combined to meet the necessary test score requirement. It is suggested that the student plan early to take the test. Some students are beginning to take the SAT/ACT as early as their 10th grade year.

The national testing dates and scoring information are available in the high school guidance office.

All juniors interested in participating in athletics at the collegiate level must sign up for the NCAA Clearing House. This is done in the guidance office.

IMPORTANT POINTS

*These requirements may not apply to NCAA Division III institutions, where eligibility for financial aid, practice and competition will continue to be governed by institutional, conference and other NCAA regulations.
*This legislation establishes a minimum standard for athletic eligibility. It is not a guide to a student's admission to the institution. Under NCAA legislation, a student's admission is governed by the regularly published entrance requirements of each college.

If you have a learning disability or are physically handicapped, contact the NCAA office for additional information about the application of Bylaw 14.3.

Your eligibility for financial aid at Division I and II colleges also may be affected by Bylaw 14.3.

Bylaw 14.3 requirements do not apply to Division III.

NORTH SCOTT ATHLETIC BOOSTERS PASSES

The North Scott Athletic Boosters Board invites you to support North Scott athletics by joining one of several membership options:

Scarlet Lancer Club
$25.00 Individual or Family Membership

Silver Lancer Club
$55.00 Individual or Family Membership
Receive 4 game tickets

Lancer Loyalty Club
$70.00 Individual Membership
Receive 1 season pass

Lancer Spirit Club
$130.00 Couple Membership
Receive 2 season passes

Lancer Pride Club
$250.00 Family or Business Membership
Receive 2 season passes plus an award plaque

In addition to these membership clubs, business or corporate game sponsorships are also available. If you would like to become a member, please contact Suzi Bippus at 285-8473.

Tear this page, sign it, and return it to the Activities Department. If you are an athlete it must accompany your physical examination form, insurance form, or waiver before participation in North Scott athletics.

ACTIVITIES/ATHLETIC ACKNOWLEDGMENT FORM

By signing the follow:

(1) The individual is declaring to the school that they are anxious to participate in an activities or sports program that demands high standards of every participant.

(2) They are stating that they have read and understand the rules and regulations and the procedures involved when violations occur.

An activity participant will not be permitted to check out equipment until the physical, insurance, handbook acknowledgment, and other administrative forms as required by a supervisor, have been submitted to the activities secretary. Failure to comply with the above means that you will not participate, practice or compete until all items have been submitted. I agree to assume full responsibility for all equipment issued to me and to confine the use of that equipment to school activities, practice, games, or meets. Also, I understand that I will be unable to participate in any scheduled activity, practice and/or contest until this acknowledgment had been signed and returned to the school.

Because of the dangers of participating in activities, I recognize the importance of following supervisors' instructions detailed in this handbook regarding activities, playing techniques, training and other team rules, etc., and to agree to obey such instructions.

FOR ATHLETES The individual is aware that playing or practicing to play/participate in any sport can be dangerous in nature involving MANY RISKS OF INJURY. I understand that the dangers and risks of playing or practicing to play/participate in the sport include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, serious injury to virtually all internal organs, and serious injury or impairment to other aspects of my body, general health and well-being. I understand that the dangers and risks of playing or practicing to play/participate in a sport may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

I understand all rules and regulations set forth in the pages of this handbook, including training rules. I am fully aware of the penalties for violation.

_____

Date Activities Participant's Signature

_____

Address

_____

Year in School Telephone

I, as a parent of the above activities participant, have read the policies and rules set forth for participation in activities at North Scott High School and give my child permission to participate under those conditions.

_____

Date Parent's Signature